# Spatially strongly confined atomic excitation via a two dimensional stimulated Raman adiabatic passage 

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#### Abstract

We consider a method of sub-wavelength superlocalization and patterning of atomic matter waves via a two dimensional stimulated Raman adiabatic passage (2D STIRAP) process. An atom initially prepared in its ground level interacts with a doughnut-shaped optical vortex pump beam and a traveling wave Stokes laser beam with a constant (top-hat) intensity profile in space. The beams are sent in a counter-intuitive temporal sequence, in which the Stokes pulse precedes the pump pulse. The atoms interacting with both the traveling wave and the vortex beam are transferred to a final state through the 2D STIRAP, while those located at the core of the vortex beam remain in the initial state, creating a super-narrow nanometer scale atomic spot in the spatial distribution of ground state atoms. By numerical simulations we show that the 2D STIRAP approach outperforms the established method of coherent population trapping, yielding much stronger confinement of atomic excitation. Numerical simulations of the Gross-Pitaevskii equation show that using such a method one can create 2D bright and dark solitonic structures in trapped Bose-Einstein condensates (BECs). The method allows one to circumvent the restriction set by the diffraction limit inherent to conventional methods for formation of localized solitons, with a full control over the position and size of nanometer resolution defects.


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## 1. Introduction

Diffraction usually imposes the limitation that the atomic position cannot be detected more precisely than a half of the wavelength of the radiation used for the detection. This restricts the possible resolution, that is the minimal spatial extent of atomic excitations, driven by focused laser beams. For instance, the diffraction limit prohibits the high-fidelity control of individual atoms in a neutral-atom quantum computing architecture, if they are separated by less than the wavelength of light. In lens-based light microscopes, the image of a point object obtained from the fluorescence emitted by a fluorophore placed in the sample is, in principle, limited by diffraction. Progress in the field will benefit from optical patterning and localization of atomic matter waves with a resolution not limited by the wavelength of the radiation involved. Some important examples are precise addressing of single or few atoms in quantum memories (e.g. to generate qubits) [1-4], patterning of Bose-Einstein condensates (e.g., for applications in quantum information processing) [5,6], high-resolution imaging (e.g. labelling in two-photon fluorescence microscopy) [7,8], or optical lithography (e.g. by precisely localized excitations in a photoresist) [9].

Modern optical imaging provides some ways to overcome the diffraction limit. A very powerful approach for super-resolution microscopy is based on stimulated emission depletion (STED) [7,10]. STED makes use of interactions, driven by two laser beams in an organic fluorophore. However, interactions in STED are purely incoherent. On the other hand, while STED fluorescence microscopy allows theoretically to achieve a resolution at the size of a single fluorophore, in practice they are typically limited to about $\sim 20 \mathrm{~nm}$ [11]. As an alternative approach, one can use coherent-adiabatic light-matter interaction schemes to tightly localize excitation volumes [12-19]. The key ideas are to utilize the dark states in coherent population trapping (CPT) [20], electromagnetically induced transparency (EIT) [21-23], or stimulated Raman adiabatic passage (STIRAP) [24-27]. It has been experimentally demonstrated that the CPT configuration allows to produce fairly complex excitation profiles with feature sizes as small as 60 nm [19]. EIT and STIRAP make use of similar coupling schemes as STED. However, in contrast to the conventional (incoherent) approaches, the schemes involving coherent-adiabatic interaction converge much faster towards high resolution and permit much stronger confinement of atoms.

As an important feature of adiabatic interactions, there is a pronounced nonlinear dependence of coherent excitation probabilities versus the driving laser intensities. As an example, let us consider the adiabatic population transfer by STIRAP. The process requires two strong laser fields, i.e., a pump and a Stokes fields acting on atoms in a $\Lambda$-type level scheme (see Fig. 1(a)). Let us assume that initially all atomic population is in the ground state $|a\rangle$. If we consider incoherent excitation with overlapping laser beams (as in conventional stimulated emission pumping (SEP), which is similar to the STED configuration), we expect that eventually an equal population is established in all three atomic states. Hence, the population transfer to the final state $|b\rangle$ would be neither complete nor selective for the incoherent excitation. On the other hand, the coherent STIRAP process involving a counter-intuitive pulse sequence (the Stokes pulse preceding the pump pulse) enables a complete and selective population transfer from the state $|a\rangle$ to the $|b\rangle$ via the adiabatic following of the dark atomic dressed state during the atom-light interaction process [24-27].


Fig. 1. (a) Schematic representation of a three-level $\Lambda$-type atomic system interacting with the pump and Stokes fields characterized by the Rabi-frequencies $\Omega_{p}$ and $\Omega_{s}$, respectively.
(b) Temporal sequence of STIRAP pulses separated by the delay time $\tau$.

Adiabatic processes which require the driving laser intensities to exceed an adiabaticity threshold, exhibit a very strong nonlinear behaviour. Consequently, the spatial resolution of adiabatic excitation increases rapidly (much faster compared to the case of the incoherent excitation) with increasing the laser intensity, and is not limited by the diffraction. Spatially confined atomic excitation based on STIRAP is a fully coherent process that does not rely on the spontaneous emission, as the atoms adiabatically follow the dark state $[8,15,28]$. Therefore, it can be also important for systems, where coherence has to be preserved, e.g., atomic Bose-Einstein condensates (BECs), or for applications to the quantum information science. We note, that while
the STIRAP technique has already found a multitude of applications [24-27], thus far it has been rarely applied for high-precision atomic localization [8,15,28].

The first theory proposals and experimental investigations on adiabatically localized atomic excitations dealt with EIT (or CPT) [12-14,16-19,29-31] rather than STIRAP [15,28]. In EIT a dark dressed state emerges, which permits confinement of atomic excitation [14,16]. In contrast to STIRAP with two strong and delayed pulses, EIT makes use of overlapping pulses with a weak probe and a strong coupling pulse. While STIRAP was developed for population transfer, EIT was initially designed to reduce absorption of a weak probe beam by suppressing excitation from the ground state coupled to the excited state by a stronger control (coupling) field [21,22]. Note that in the case of the EIT the spatial confinement does not converge as fast as for STIRAP. The earlier localization protocols with standing waves create a periodic pattern of tightly localized regions, which was fine for the first experimental demonstrations [17-19], but it is not suitable for most applications which usually require single excitation regions.

To obtain a single excitation region (spot localization), here we combine the STIRAP with a STED-like beam geometry by expanding the initial idea for the STIRAP-based localization approach $[15,28]$. The atoms are initially prepared in their ground state and subsequently adiabatically follow the dark state by applying the STIRAP scheme [24-27], in which both pulses act in a counter-intuitive temporal sequence, the Stokes pulse preceding the pump one. In the following we assume a Stokes beam with a constant intensity across the interaction region, while the pump beam has a doughnut-like spatial profile. We also assume the latter to be an optical vortex carrying an orbital angular momentum (OAM) [32] (see Fig. 1(a)). In that case, atoms remain in their initial ground state when located at the vortex core (zero intensity) of the pump beam. On the other hand, away from the vortex core the atoms interacting with both the Stokes and the pump fields are transferred to the final state through the 2D STIRAP process. The atoms localized at the pump core are not excited by light and therefore do not suffer from recoil-induced broadening, which implies that the Raman-Nath approximation perfectly applies (see [33] and references therein). On the other hand, the atoms that change their internal state as a consequence of the STIRAP process do not suffer from spontaneous emission since the process is coherent. For the latter, the total momentum exchanged corresponds only to the momentum difference between the doughnut field and the traveling wave field, which is almost negligible if the energies of two internal states are close [28].

It should be pointed out that a similar configuration has been employed in Ref. [8] with Stokes pulse having a Bessel beam spatial profile, and the one of the pump being the result of superimposing two Bessel beams focused with a lateral offset, producing a node in its center. On the other hand, in our scheme, the pump carries an OAM while the Stokes has no spatial dependence, creating a spot localization. The OAM of pump beam allows manipulation of the degree of localization and creates side spots in localization pattern, a feature which is missing in Ref. [8].

Using such a 2D STIRAP method, one can imprint topological phase singularities on trapped atomic BECs, creating very narrow localized 2D density defects. Specifically, the phase of the vortex beam is transferred to the atoms during the STIRAP process, thus producing a 2 D dark soliton (a vortex) for the BEC atoms in another internal state. On the other hand, the non-transferred atomic population makes a 2D bright soliton located at the vortex core. These two component defects (bright and dark solitons) are localized down to the order of a nanometer, thus circumventing the restriction set by the diffraction limit. We have carried numerical simulations of the Gross-Pitaevskii equation to study these subwavelength structures. The method is also useful for creating in a controllable way several dark and bright closely-spaced solitons for studying their dynamics and collisional properties.

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## 2. Basic theory

Let us consider an ensemble of atoms, characterized by a three-level $\Lambda$-scheme of energy levels, as shown in Fig. 1(a). The scheme includes an initial atomic state $|a\rangle$, an intermediate excited level $|c\rangle$, and a target state $|b\rangle$. An atom positioned at $\mathbf{r}$ interacts with a Stokes and a pump laser pulses arriving with a time delay $\tau$ characterizing the STIRAP process (Fig. 1(b)). The pulses are described by the following slowly changing envelopes of Rabi frequencies

$$
\begin{align*}
\Omega_{s}(t) & =\Omega_{s 0} e^{-(t+\tau / 2)^{2} / T^{2}}  \tag{1}\\
\Omega_{p}(\mathbf{r}, t) & =\Omega_{p}(\mathbf{r}) e^{-(t-\tau / 2)^{2} / T^{2}} \tag{2}
\end{align*}
$$

where $T$ is a temporal width of the pulses.
The Stokes laser field is a travelling wave acting on the transition $|c\rangle \leftrightarrow|b\rangle$ with a constant spatial profile $\Omega_{s 0}$. On the other hand, the transition $|a\rangle \leftrightarrow|c\rangle$ is coupled by a doughnut-shaped Laguerre-Gaussian pump beam characterized by the transverse profile

$$
\begin{equation*}
\Omega_{p}(\mathbf{r})=\Omega_{p 0}\left(\frac{r}{w}\right)^{|l|} e^{-r^{2} / w^{2}} e^{i l \phi} \tag{3}
\end{equation*}
$$

where $r$ describes the cylindrical radius, $w$ is the beam waist, $\Omega_{p 0}$ represents the strength of the doughnut beam and $\phi$ denotes the azimuthal angle with respect to the beam axis $z$. Such a beam is characterized by the vorticity $l$ and carries an orbital angular momentum (OAM) $\hbar l$ per photon [32]. The Stokes and pump detunings from the transitions $|c\rangle \leftrightarrow|b\rangle$ and $|a\rangle \leftrightarrow|c\rangle$ are denoted by $\Delta_{s}$ and $\Delta_{p}$, respectively. Assuming the one- and two-photon resonance $\Delta_{s}=\Delta_{p}=0$, the quantum dynamics of the $\Lambda$-type atom-light coupling can be described by the Hamiltonian under the electric dipole and Rotating-wave-approximation (RWA)

$$
\begin{equation*}
H(t)=-\hbar\left[\Omega_{s}(t)|c\rangle\langle b|+\Omega_{p}(\mathbf{r}, t)|c\rangle\langle a|\right]+H . c . \tag{4}
\end{equation*}
$$

The destructive interference of excitation pathways from $|a\rangle$ and $|b\rangle$ up to $|c\rangle$ ensures that a special superposition of ground states

$$
\begin{equation*}
|D(\mathbf{r}, t)\rangle=\left[\Omega_{s}(t)|a\rangle-\Omega_{p}(\mathbf{r}, t)|b\rangle\right] / \Omega(\mathbf{r}, t) \tag{5}
\end{equation*}
$$

known as the dark state is decoupled from both optical fields. The dark state is an eigenstate of the atom-light Hamiltonian (4) with a zero eigen-energy [34]. Here

$$
\Omega \equiv \Omega(\mathbf{r}, t)=\sqrt{\left|\Omega_{s}(t)\right|^{2}+\left|\Omega_{p}(\mathbf{r}, t)\right|^{2}}
$$

is the total Rabi frequency. The dark state can be represented as

$$
\begin{equation*}
|D(\mathbf{r}, t)\rangle=\cos \theta(r, t)|a\rangle-\sin \theta(r, t)|b\rangle e^{i l \phi} \tag{6}
\end{equation*}
$$

where

$$
\begin{equation*}
\theta(r, t)=\arctan \left|\frac{\Omega_{p}(\mathbf{r})}{\Omega_{s 0}}\right| e^{2 \tau t / T^{2}} \tag{7}
\end{equation*}
$$

is the mixing angle.

## 3. 2D STIRAP superlocalization method

The dark state (5) does not include the leaky excited state $|c\rangle$ decaying with a rate $\Gamma$. Therefore, the losses will be suppressed if the atomic system adiabatically follows the dark state $|D(\mathbf{r}, t)\rangle$. The present 2D STIRAP superlocalization protocol makes use of such an adiabatic following of
the dark state $|D(\mathbf{r}, t)\rangle$ for the counterintuitive ordering of the laser pulses shown in Fig. 1(b), with the Stokes pulse $\Omega_{s}(t)$ preceding the pump $\Omega_{p}(\mathbf{r}, t)$ [24], so that

$$
\begin{align*}
& \lim _{t \rightarrow-\infty} \frac{\Omega_{p}(\mathbf{r}, t)}{\Omega_{s}(t)}=0  \tag{8}\\
& \lim _{t \rightarrow+\infty} \frac{\Omega_{p}(\mathbf{r}, t)}{\Omega_{s}(t)}=\infty
\end{align*}
$$

This implies that

$$
\begin{align*}
& \theta(\mathbf{r},-\infty)=0 \\
& \theta(\mathbf{r},+\infty)=\frac{\pi}{2} \tag{9}
\end{align*}
$$

For such a pulse sequence, the dark state $|D(\mathbf{r}, t)\rangle$ reduces to $|a\rangle$ for $t \rightarrow-\infty$ and to $|b\rangle e^{i l \phi}$ for $t \rightarrow+\infty$. This provides a suitable vehicle for transferring atoms from the initial state $|a\rangle$ to the final state $|b\rangle$ without populating the state $|c\rangle$. In order to maintain the system in the dark state, the process should be carried out satisfying a global adiabaticity condition [24,26,28,35]

$$
\begin{equation*}
\Omega_{p 0}^{2}\left(\frac{r}{w}\right)^{2|l|} e^{-2 r^{2} / w^{2}}+\Omega_{s 0}^{2}>\left(\frac{\beta}{\tau}\right)^{2} \tag{10}
\end{equation*}
$$

where $\beta$ is a dimensionless constant. For the optimal Gaussian profiles and overlapping times, the parameter $\beta$ takes values around $10[28,36]$.

In this way, the atoms are initially in the internal state $|a\rangle$; the Stokes field $\Omega_{s}(t)$, which couples initially unpopulated states $|c\rangle$ and $|b\rangle$, is sent before the vortex pump beam $\Omega_{p}(\mathbf{r}, t)$, the latter coupling the populated ground state $|a\rangle$ with the excited state $|c\rangle$. As illustrated in Fig. 1(b)), the two pulses should overlap, so that the population could be transferred from the initial state $|a\rangle$ to the final state $|b\rangle$ during the STIRAP. In fact, if the temporal separation between the pulses $\tau$ is too large, the adiabaticity condition (10) fails to hold. The intensity of the pump beam $\Omega_{p}(\mathbf{r}, t)$ goes to zero at the vortex core, preventing the atoms situated in this spatial region to be transferred to the final state $|b\rangle$. On the other hand, away from the vortex core, the atoms interacting with both the pump $\Omega_{p}(\mathbf{r}, t)$ and Stokes $\Omega_{s}(t)$ fields are transferred to state $|b\rangle$ through the 2D STIRAP process with a sufficiently large efficiency, see Appendix A. Therefore, if the amplitude of the vortex beam $\Omega_{p 0}$ is considerably larger than the amplitude of the Stokes beam $\Omega_{s 0}$, a spot-like super-narrow spatial pattern can be generated at the core of a strong pump beam when measuring the population distribution of the atoms in the state $|a\rangle$.

Figure 2 depicts the population distribution of the internal state $|a\rangle$ after applying the 2D STIRAP. The plots are obtained by numerically solving the corresponding density matrix equations of the $\Lambda$ system [37] for $\alpha=\Omega_{p 0}^{2} / \Omega_{s 0}^{2}=100$ and different OAM numbers $l=1$ (a) and $l=2(\mathrm{~b})$. For $l=1$ the atomic excitation is seen to be strongly concentrated at the zero intensity region of the pump field (at the core of vortex beam at $r \rightarrow 0$ ), indicating that the atoms can be well localized in a very narrow spot, much smaller than the beam waist $w$ (Fig. 2(a)). From the inset in Fig. 2(a) we deduce a resolution (full width at half maximum, FWHM) along the x direction to be 0.02 in units of the beam waist for $\alpha=\Omega_{p 0}^{2} / \Omega_{s 0}^{2}=100$. By taking the beam waist of $w=1 \mu \mathrm{~m}$, we get a localization of $\sim 20 \mathrm{~nm}$, i.e. far below the diffraction limit. We checked by another numerical simulations (not shown in the paper) that the resolution reduces to about $\sim 8 \mathrm{~nm}$ for $\alpha=1000$, and further decreases for larger values of $\alpha$.

When the OAM number $l$ increases to $l=2$, the spot width increases resulting in a lower localization precision, as can be seen in Fig. 2(b). This is due to an increase of the core of the optical vortex for the laser beams with a larger vorticity. We also checked our results with a Stokes beam of Gaussian intensity profile in space. The numerical simulation confirms, that the Stokes beam profile does not matter, provided the adiabaticity condition is still satisfied.

It is worthwhile clarifying that an optical vortex can be generated by an intensity pattern with a Gaussian envelope that possesses a point singularity at the center of the optical vortex beam [38].


Fig. 2. Simulation of the spatial distribution of population of the state $|a\rangle$ after applying the 2D STIRAP sequence. Here, $\Omega_{s 0}=4 \Gamma, \alpha=\Omega_{p 0}^{2} / \Omega_{s 0}^{2}=100, \tau=10 / \Gamma, T=5 / \Gamma$ and (a) $l=1$, (b) $l=2$. The spatial coordinates are normalized to the beam waist $w$. The color code indicates the amount of population from $0(\%$ (Black) to $100 \%$ (White). For a beam waist of $w=1 \mu m$, we confine the remaining population of the state $|a\rangle$ in a narrow spot down to the range of a nanometer.

This can be done by implementing a $4 f$ lens arrangement to image the optical vortex intensity profile immediately after a spiral phase plate (SPP). However, such a vortex beam is not suitable for the purpose of atom localization. It is the doughnut shaped spatial profile of the pump which creates the spot localization, as those atoms located at the core of the pump beam (hollow core in the doughnut beam) remain in the initial state, creating the spot defects. The phase of the vortex beam in Eq. (3) only controls the resolution of localization, as shown in (Fig. 2(a,b)).

### 3.1. STIRAP vs. CPT for spot localization

One can also achieve a spot-like localization in the three-level scheme illustrated in Fig. 1(a) by applying a CPT technique. In this case, a spot localization is possible when the system reaches the steady state through an optical-pumping process to the dark state involving several cycles of laser excitation and the spontaneous emission. The 2D STIRAP localization protocol described previously reduces to the 2D CPT case for the overlapping pump and Stokes pulses $(\tau=0)$ with $\Gamma T \gg 1$. In this case, an atom initially prepared in the state $|a\rangle$ will end up in the dark state at the steady state if the two-photon resonance is maintained. As the intensity of the pump beam goes to zero at the vortex core, the dark state of the system reduces to the bare state $|a\rangle$ there, as one can see in Eqs. (5) and (6). Hence the population distribution of the state $|a\rangle$ shows a maximum at the center of the vortex beam.

In Fig. 3 we present the population of the state $|a\rangle$ with different OAM numbers $l=1$ (a) and $l=2$ (b) after applying the 2D CPT protocol. The population distribution shows again a spot-like pattern at the center. One can see that the localization patterns can be well controlled by the OAM number $l$, like in the case of the 2D STIRAP presented in Fig. 2. In both cases the narrowest spot structure could be always achieved with the minimum winding number $(l=1)$ corresponding to the smallest core of the optical vortex. Yet, the localization precision is lower for the 2D CPT, indicating that the 2D STIRAP permits much stronger 2D confinement.

### 3.2. Off-axis spot localization

When two optical beams with different OAM numbers $\left(\left|l_{1}\right|<\left|l_{2}\right|\right)$ are superimposed collinearly they generate a pattern of vortices that depends on the relative amplitude and phase of individual beams [39,40]. We consider now such a superposition of two collinear component beams with topological charges $l_{1}$ and $l_{2}$ for the purpose of off-axis 2D STIRAP localization. In this case, the pump beam reads

$$
\begin{equation*}
\Omega_{p}(\mathbf{r}, t)=\Omega_{p_{1} 0}\left(\frac{r_{1}}{w}\right)^{\left|l_{1}\right|} e^{-r_{1}^{2} / w^{2}} e^{i l_{1} \phi_{1}} e^{-\left(t-t_{p}\right)^{2} / T^{2}}+X \Omega_{p_{2} 0}\left(\frac{r_{2}}{w}\right)^{\left|l_{2}\right|} e^{-r_{2}^{2} / w^{2}} e^{i l_{2} \phi_{2}} e^{-\left(t-t_{p}\right)^{2} / T^{2}} \tag{11}
\end{equation*}
$$

where $X=1, r_{1}=r_{2}=r$ and $\phi_{1}=\phi_{2}=\phi$. The resulting composite beam contains a vortex of charge $\left|l_{1}\right|$ located at the beam center which is surrounded by $\left|l_{1}-l_{2}\right|$ peripheral vortices [39,40]. Figure 4 shows the simulation of the spatial distribution of population in the state $|a\rangle$ after applying the 2D STIRAP protocol and using the composite pump beam given by Eq. (11). One can see that the spatial profile of the population develops new off-axis atomic spots depending on the topological charges $l_{1}$ and $l_{2}$, which enables single-site addressability of trapped arrays of atoms. These peripheral localization spots are evenly distributed at angles $\phi_{L}=\frac{n \pi}{\Delta l}$, where $\Delta l=l_{2}-l_{1}$ and $n=1 \cdots\left(2\left|l_{2}-l_{1}\right|-1\right)$ is an odd integer for each of the peripheral vortices.

(b)


Fig. 3. Simulation of the spatial distribution of the population in the state $|a\rangle$ after applying the CPT technique and for (a) $l=1$ and (b) $l=2$. Here, the parameter values are the same as in Fig. 2, except that there is no delay time between the two pulses $\tau=0$. Spatial coordinates are normalized to the beam waist $w$. The color code indicates the amount of population from 0 (\% (Black) to $100 \%$ (White).


Fig. 4. Simulation of the spatial distribution of population in the state $|a\rangle$ for the composite beam described by Eq. (11) with different OAM numbers $l_{1}$ and $l_{2}$ after applying the STIRAP sequence. Here, $\Omega_{p_{1} 0}=\Omega_{p_{2} 0}=\Omega_{p 0}$ and the parameter values are the same as Fig. 2. Spatial coordinates are normalized to the beam waist $w$. The color code indicates the amount of population from $0(\%$ (Black) to $100 \%$ (White).

## 4. Localized 2D bright and dark solitons in a trapped BEC

We now focus on a trapped BEC of ${ }^{87} R b$ to show a feasibility of generation of narrow structures in the condensate. We consider a zero temperature two-species ${ }^{87} R b$ BEC, with $|a\rangle=\mid F=$ $\left.1, m_{f}=-1\right\rangle$ and $|b\rangle=\left|F=2, m_{f}=1\right\rangle$. To study vortex imprinting in the BEC, the system is described by the 2D Gross-Pitaevskii equations (GPEs) for a three-component BEC involving also an intermediate excited state $|c\rangle$ needed to perform the STIRAP. Yet the excited state is weakly populated if the adiabaticity condition (10) holds.

Before the Stokes and pump laser fields are applied, the BEC is prepared in the ground state $|a\rangle$ with the wave-function obeying the stationary 2D GPE

$$
\begin{equation*}
\mu \psi_{a}=\left[-\frac{\hbar^{2}}{2 m} \nabla^{2}+V_{a}(r)+N g_{a a}\left|\psi_{a}\right|^{2}\right] \psi_{a}, \tag{12}
\end{equation*}
$$

with $\nabla^{2}=\left(\partial / \partial_{x}\right)^{2}+\left(\partial / \partial_{y}\right)^{2}$, where $m$ is the atomic mass, $N$ is the number of atoms in the condensate, $\mu$ indicates the chemical potential, $V_{a}(r)=\frac{m \omega_{r}^{2} r^{2}}{2}$ is the harmonic trapping potential, $r$ is the cylindrical radius, $\omega_{r}$ is the angular frequency of the radial trap, $g_{i j}=\frac{\sqrt{8 \pi} \hbar^{2} a_{i j}}{m a_{\perp}}$ describes the atom-atom interaction, $a_{i j}$ is the $s$-wave scattering length between the species $i$ and $j$, and $a_{\perp}=\sqrt{\frac{\hbar}{m \omega_{\perp}}}$ denotes the characteristic length of the transverse harmonic trap of the $2 D$
like pancake shape BEC with $\omega_{\perp} \gg \omega_{r}$. The parameter values used in the simulations are $m=1.44 \times 10^{-25} \mathrm{~kg}, \omega_{r}=2 \pi \times 14 \mathrm{~s}^{-1}, \omega_{\perp}=2 \pi \times 715 \mathrm{~s}^{-1}, a_{a a}: a_{a b}: a_{b b}=(1.03: 1: 0.97) \times 55 \AA$ and $N=5 \times 10^{5}$ [28].

Subsequently the 2D multi-component BEC interacts with two laser pulses characterized by Rabi-frequencies $\Omega_{p}$ and $\Omega_{s}$. The atomic ground states described by wavefunctions $\psi_{a}$ and $\psi_{b}$ are coupled to the intermediate excited state described by the wavefunction $\psi_{c}$. The GPEs for evolution of such a three-component BEC can be written as

$$
\begin{align*}
i \hbar \frac{d \psi_{a}}{d t} & =\left[-\frac{\hbar^{2}}{2 m} \nabla^{2}+V_{a}(r)+N g_{a a}\left|\psi_{a}\right|^{2}+N g_{a b}\left|\psi_{b}\right|^{2}\right] \psi_{a}+\frac{1}{2} \hbar \Omega_{\mathrm{p}}(t, r, \phi) \psi_{c} \\
i \hbar \frac{d \psi_{b}}{d t} & =\left[-\frac{\hbar^{2}}{2 m} \nabla^{2}+V_{b}(r)+N g_{b b}\left|\psi_{b}\right|^{2}+N g_{a b}\left|\psi_{a}\right|^{2}\right] \psi_{b}+\frac{1}{2} \hbar \Omega_{\mathrm{s}}(t) \psi_{c}  \tag{13}\\
i \hbar \frac{d \psi_{c}}{d t} & = \\
& \frac{1}{2} \hbar \Omega_{\mathrm{p}}^{*}(t, r, \phi) \psi_{a}+\frac{1}{2} \hbar \Omega_{\mathrm{s}}(t) \psi_{b}-i \hbar \frac{\Gamma}{2} \psi_{c}
\end{align*}
$$

with the initial conditions $\psi_{a}(t=0)=\psi_{a}^{\mathrm{GS}}$ and $\psi_{b, c}(t=0)=0$. Here the trapping potential is the same for both ground states i.e., $V_{a}(r)=V_{b}(r)$, the Rabi frequencies for the traveling wave $\Omega_{\mathrm{s}}(t)$ and the vortex beam $\Omega_{p}(t, r, \varphi)$ are given by Eqs. (1) and (2), and we have omitted the kinetic energy and trapping potential in the equations for the excited state wave-function. The parameter values used for the time evolution simulation are $\alpha=100, l=1, \Omega_{s 0}=2 \pi \times 10^{7} \mathrm{~s}^{-1}$, $\Omega_{p 0}=\Omega_{s 0} \sqrt{\alpha}, T=5 \mu s, t_{s}=20 \mu s, t_{p}=30 \mu s, \Delta_{p}=\Delta_{s}=0, w=20 \mu m$. The excited state decay is $\Gamma=2 \pi \times 5.41 \times 10^{6} s^{-1}$. The space is discretized by a $513 \times 513$ grid, ranging from $-50 \mu m$ to $50 \mu \mathrm{~m}$ in both directions, hence the minimal discernible distance is $100 / 513 \mu \mathrm{~m}$. The system is evolved for $t=100 \mu s$. The simulations are performed using the GPELab toolbox [41,42].

Figure 5 shows the full width at half maximum (FWHM) of the density of component $a$ as it evolves in time. Figures 6(a) and (b) show the time evolution of densities $\log _{10}\left|\psi_{a}\right|^{2}$ and $\log _{10}\left|\psi_{b}\right|^{2}$ along the radial direction, zooming in on the region from $-10 \mu m$ to $10 \mu m$ where a localized density structure forms. One can see that after applying the pump and Stokes pulses the component $a$ develops an extremely narrow 2D spot-like structure at the core of vortex representing a 2D bright soliton that slowly disperses. A part of population which is transferred to the component $b$ creates a dark 2D soliton (a vortex), the phase profile of the vortex beam (Fig. 6(c)) being imprinted to this component via the 2D STIRAP. Thus one can create stable two component vector dark-bright solitons.


Fig. 5. Time evolution of the FWHM of density of component $a$.


Fig. 6. Time evolution of densities $\log _{10}\left|\psi_{a}\right|^{2}$ (a) and $\log _{10}\left|\psi_{b}\right|^{2}$ (b) along the radial direction for the pump beam with OAM number $l=1$. (c) Phase profile of the $b$ component at the end of time evolution. The Stokes traveling wave $\Omega_{\mathrm{S}}(t)$ is given by Eqs. (1) while the pump vortex beam $\Omega_{p}(t, r, \varphi)$ is described by Eqs. (2) and (3).

It is also possible to apply the 2D STIRAP protocol to the BEC by using multiple vortices centered at different positions to create several dark-bright defect structures with nanometer resolution. In Fig. 7, we consider the pump beam of the form given by Eq. (11) where $X=e^{i \pi}$, $r_{1}=\sqrt{(x+20)^{2}+y^{2}}, r_{2}=\sqrt{(x-20)^{2}+y^{2}}, T=5 \mu s, l_{1}=l_{2}=1$ and $w=20 \mu m$. On the other hand, if the beam shape is given by Eq. (11) with $X=1, r_{1}=r_{2}=r$ and $\phi_{1}=\phi_{2}=\phi$, the density evolution and phase profiles are presented in Fig. 8 where $l_{1}=1$ and $l_{2}=3$. Clearly, several vortices are imprinted to the BEC component $b$ along the $x$ or $y$ directions, creating dark solitons. Multiple 2D structures with nanometer resolution are also patterned in the component $a$ (bright solitons) at positions where the 2D STIRAP process does not occur. The position of these 2D defects depends on the shape of original pump beam (11).

Note that there exist some other proposals to transfer optical vortices to BECs for creating the atomic defects [43-52]. In particular, storing of the vortex slow light in the EIT configuration allows to transfer a small amount of atomic population to the other atomic internal ground state accompanied by the transfer of the vorticity to the atoms [44,50,51]. On the other hand, by applying the STIRAP with singular light beams to atomic BECs one can create localized excitations such as vortices [43] and solitons [15] with a more significant population transfer and without the diffraction limitations occurring, e.g., in traditional ways of creating vortices [53,54] and dark solitons [55-57] in BECs via the phase imprinting. In the method presented in Ref. [43], the $\Lambda$-type BEC initially prepared in its ground level is exposed to two copropagating laser pulses, viz. a nonvortex pump beam and a vortex Stokes (dump) beam. This allows the transfer


Fig. 7. Time evolution of densities $\log _{10}\left|\psi_{a}\right|^{2}$ (a) and $\log _{10}\left|\psi_{b}\right|^{2}$ (b) along the $x$ direction at $y=0$. (c) Phase profile of the $b$ component at the end of time evolution. The Stokes beam $\Omega_{\mathrm{s}}(t)$ is given by Eqs. (1) while the pump beam $\Omega_{p}(t, r, \varphi)$ is described by Eqs. (2) and (11), with $X=e^{i \pi}, r_{1}=\sqrt{(x+20)^{2}+y^{2}}, r_{2}=\sqrt{(x-20)^{2}+y^{2}}, T=5 \mu s, l_{1}=l_{2}=1$ and $w=20 \mu \mathrm{~m}$.
of angular momentum from the Stokes field to the matter, creating a vortex BEC in another atomic internal state. Yet, the method does not allow one to create simultaneously a tightly localized 2D atomic population in the initial atomic state at the vortex core of the Stokes beam, as in this spatial region the atoms experience the absorption losses by a non-vortex pump beam. Such a problem does not appear in the present setup, as it is now the pump beam which carries an OAM with a zero population at the vortex core. Thus one can create 2D two-component dark-bright solitons described above. The present 2D STIRAP method has also some similarities to the one considered in [15] for formation of two component (vector) solitons. Yet, Ref. [15] dealt with the 1D defects which are imprinted on the BEC via its interaction with the first order Hermite-Gaussian mode and another two Gaussian modes used in the tripod STIPAP process. On the other hand, the current 2D STIRAP method involving the Laguere-Gaussian mode permits generation of the 2 D defects in the BEC.

The dark-bright defect structures proposed to generate in this paper can be measured via the standard time of flight and absorption imaging. Yet it is a destructive measurement. On the other hand, phase-contrast imaging, allowing the non-destructive measurement of condensate samples in situ [58], has proven to be a useful technique to monitor vortices in Bose Einstein condensates. In particular, this technique has been used to observe vortices with the core filled by a second component [59], so it can also be applied to our proposal.


Fig. 8. Time evolution of densities $\log _{10}\left|\psi_{a}\right|^{2}$ (a) and $\log _{10}\left|\psi_{b}\right|^{2}$ (b) along the $y$ direction at $x=0$. (c) Phase profile of the $b$ component at the end of time evolution. The Stokes beam $\Omega_{\mathrm{s}}(t)$ is given by Eqs. (1) while the pump beam $\Omega_{p}(t, r, \varphi)$ is described by Eqs. (2) and (11) with $X=1, r_{1}=r_{2}=r, \phi_{1}=\phi_{2}=\phi, l_{1}=1$ and $l_{2}=3$, the other parameters being the same as in Fig. 7.

## 5. Concluding remarks

In summary, we have proposed a new method of 2D superlocalization and patterning of atomic matter waves well beyond the diffraction limit. For this we use two laser fields with a certain time delay, an optical vortex pump as well as a Stokes pulses, interacting with three internal levels of the matter wave. This configuration yields state-selective strongly confined spot-like superlocalization patterns at the vortex cores of the pump beams where the 2D STIRAP process does not take place due to vanishing pump field. We have shown that the proposed method can be implemented to imprint high contrast 2D defects with nanometer resolution on an atomic BEC in a very controllable way. Using this method one can also create stable multiple bright and dark solitons close to each other with a full control over their size and position. In this way, the present method allows to circumvent the restriction set by the diffraction limit creating a variety of subwavelength structures.

## Appendix A: population transfer efficiency

The transfer efficiency should be sufficiently large, otherwise the localization will wash out. The higher is the intensity, the better is the transfer. From Fig. 2 of the manuscript, we see that the transfer efficiency is close to $100 \%$ outside the region of zero intensity in the laser profile. This figure shows the remaining population after pumping. Since the transfer is efficient, only a narrow density peak remains; otherwise we would see a wider (or washed out) peak. This
depends upon the adiabaticity criterion given by Eq. (10). To clarify this point, we plot in Fig. 9 a 2D simulation of the spatial dependence of the adiabaticity criterion for the same parameters used in Fig. 2(a). Note that the blue line shows the left hand side while the red line corresponds to the right hand side in Eq. (10). The peak value of the criterion obviously shows that the condition is always satisfied for our selected parameters, allowing a high transfer efficiency.


Fig. 9. A 2D numerical simulation of the spatial dependence of the adiabaticity criterion given in Eq. (10) and for the parameters used in Fig. 2(a).

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